

# BRIDGES

WEDNESDAY, MARCH 4, 2015

**MUSIC:**  
Monthly all ages  
concert help young  
musicians thrive **P. 12**

**ON THE SCENE:**  
The 2015 Refresh Case  
promotes marketing  
students' creativity **P. 17**

**WINE WORLD**  
A luscious Portuguese  
pick at a price you  
can afford **P. 23**

A STARPHOENIX COMMUNITY NEWSPAPER

## WHEN LABELS DON'T STICK

A TRUE ORIGINAL, MEGAN LANE  
PLAYS TO HER STRENGTHS  
**P. 4**



**FREE**

# IN THE CITY

# FEBRUARY 24, 2015 - 2:05 P.M.

## Power of One



A group from the Twining Douglas Collegiate Dance Academy performs during the Black Valentine's Power of One celebration at Bechtel's Catholic High School in Saskatoon on Feb. 24. Photos by Muellet.

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## # ON THE COVER PG. 4



Saskatoon blues artist Megan Lane. Says her passion for music at an early age and how it slowed down after. BRIDGE PHOTO BY MICHELLE BEIRG

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## # MUSIC PG. 12



Robbie Hynds started *Beer Something and Run* a monthly all ages concert series at Beaumont Park & Alford in Saskatoon. He would like to have Saskatoon's all ages music scene move as much as it does in Regina. BRIDGE PHOTO BY MICHELLE BEIRG

## BRIDGES COVER PHOTO BY MICHELLE BEIRG

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# ON THE COVER

I don't do well with limits.

—Megan Lane

# SASKATCHEWAN BLUES ARTIST

## No limits for Megan Lane



The new album from Megan Lane, shown here at The Capitol Music Club in Saskatoon, displays the blues virtuosity that made her a well-known blues artist. Instead of straight blues though, it's an exercise in not rock and hard hitting jams you can stomp your foot to. **BY SEAN TREMBATH FOR MICHELLE BARR**

By Sean Trembath

Megan Lane has been challenging boundaries since before she was a teenager, so for it's working great.

The Saskatoon blues player was rocking an open stage before she was high school age. As a blues guitarist, she's a woman in a male-dominated position.

Even when they're her own boundaries, she

pushes through, sitting down to write her latest album, the plan was to get back to her roots with a straight-up blues record. It didn't turn out that way.

"I don't do well with limits. Saying I was writing a blues record was limits. When I find those, I tend to push against them," Lane says.

The resulting album, *Sounding the Blues*, isn't a complete departure. She still displays the guitar virtuosity that made her reputation

that instead of straight blues it's an exercise in riff rock and hard hitting jams you can stomp your foot to.

"You make plans not to carry out those exact plans. It's just to get you started," she says.

It seems to have paid off. The first single, *Someday We Will Leave This Town*, has seen radio play across Canada and earned her an award for Best Rock Song from *RightNowTV*. The video was well received, and there's an-

other on the way.

Since the album's August release, Lane has been hard at work on songs. The tour has taken her near and far but this month she's taking time to stay in her hometown. She'll show off her latest stuff at the Capitol this Friday, then it's back to work, with South by Southwest and a European tour on the calendar.

It's a busy schedule, and music doesn't pay what it used to.

I'm just a musician that's queer, and that's fine. Whatever, right?

—Lane

AUGUST LANE PERFORMS ON THE

Lane must have been lucky enough to find her passion early and has managed to ride it out.

"It's ridiculously hard to do this for a living. You gotta really want this."

Lane is one of a collection of Saskatoon rockers who cut their teeth on the blues page at *Drift* on Broadway. She was 10 or 11 the first time she went.

"I was just a goofy kid who was really into playing guitar," she says.

A friend's mom brought them out. She was amazed there was a place people could get up and just jam.

"It inspired me to go home and work on my songs, and then head down there and get the courage to jump up and play," she says.

Her parents helped as well. They were friends with the parents of Kyle Rankin, who would go on to

star on *Brooklyn*.

"So they set up kind of a play date and we hung out and jammed at Kyle's place," Lane says.

Once she got the courage to get up on stage, she made a quick impression, and was soon playing with other bands. She started touring in her teens, building a name as someone with songs beyond her years.

Eventually, she dropped out of high school to pursue music full time. More than 10 years later, she's still at it.

"It's a totally messy, weird industry and we're just doing our best," she says. "Everything is constantly changing and evolving, so you just ride with it."

During an early tour in Ontario, Lane made an impression on longtime Canadian rocker Howieley Workman.

*Continued on Page 8*



August Lane performs on the live stage at 2508 Dundas St. West. She is one of a collection of Saskatoon rockers who cut their teeth on the blues page at *Drift* on Broadway. She was 10 or 11 the first time she went.

## You're my INSPIRATION

### NOMINATE A WOMAN OF DISTINCTION

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All proceeds from Saskatoon's Women of Distinction Awards Dinner are designated to essential programs at YWCA Saskatoon, making a difference for the needs of women and girls.

To make a nomination, visit [www.ywcaskatoon.com](http://www.ywcaskatoon.com)  
 Or contact YWCA Saskatoon at 306-264-7034 ext 122



## Nuts About Nature At Beaver Creek Conservation Area



Hi kids! My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,  
 What happens to all the frogs during the cold winter?

Ben

Dear Ben,  
 Frogs don't need leathers or fur to help them stay warm during the Saskatchewan winter because they have a very special trick up their... well... hind. This might seem like a chilling thought, but some frogs are able to freeze! At the beginning of winter, wood frogs will find a cozy spot underneath the moss or leaf litter and start accumulating a massive amount of glucose, which is a kind of sugar, through their body. The glucose acts just like anti-freeze in your parent's car by not allowing the frog's blood to freeze completely. When winter comes around, wood frogs will look like they are frozen stiff underneath the snow. This is because they don't move or breathe, and their heart will almost stop beating! Up to 45% of a wood frog's body can freeze, but as long as there is a lot of glucose flowing throughout its body it will never completely freeze. Other frogs have similar tricks, like the northern leopard frog which will overwinter underneath ponds at the bottom of water bodies that do not freeze solid. It is pretty amazing!

Send your questions to me at the address below, then watch *Ben's Bridges* for the answers!

Your pal, Chip  
 Beaver Creek Conservation Area  
 403 Third Avenue South  
 Saskatoon, Saskatchewan S4N 1A6  
 Phone: 306-264-7034  
 Fax: 306-264-7034  
 Email: [chip@beavercreek.ca](mailto:chip@beavercreek.ca)



Meewasin



It's ridiculously hard to do this for a living. You gotta really want to do it.

—Lane

"My manager at the time was also from Saskatoon and, and she said there was this kind of substance going like guitar players," Workman says.

They talked on the phone about working together. It took more than a decade, but the collaboration finally came together.

That's what happens in music. You'd have an idea one day and sometimes it takes 10 years to put it together," he says.

The process of writing with another artist was daunting for Lane.

"I originally was petrified to co-write, because it's a really intense thing you're doing," she says.

Workman says he didn't feel her nerves at all. She came to his studio and he showed her his idea of what he thought her record could sound like.

"It was almost a bit like being able to look into the future, and go 'here's what we want the record to kind of feel like, and let's write into that feeling,'" he says.

That's most focusing on her biggest strength.

"Megan is such a phenomenal guitar player. I didn't want it to have to adhere to singer-songwriter standards," he says.

"I wanted her to sort of feel she could have a songwriting voice as a serious guitar player. She could build songs around riffs, and not shy away from putting the guitar in the middle of what she's doing."



Megan Lane and her brother playing guitars on stage. Photos by MICHELLE BENO.

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### Saskatoon Chamber Singers

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**BRITTEN & BRITAIN**  
From Cathedral to Countryside



My manager at the time was also from Saskatchewan, and she said there was this kind of astonishing young blues guitar player — Hawksley Workman



Blues singer and artist Megan Lane belts it out on the Saskatchewan Jazz Festival live stage in June of 2003. BRIDGES PHOT PHOTO BY MICHAEL MARTEL

Workman isn't the only other artist to help out on the album. *Someday We Will Leave This Town* was done with Calgary's Red Spoons.

"It's like it was really fun to work with Megan. She's super excited about music. There wasn't really a moment where we were stuck," Spoons says.

The song draws on themes of teenage alienation, derived from Lane and Spoons' experiences as teenagers growing up on the prairies, although that wasn't their original intention.

"I was, like, it would be cool if she had a big, authentic pop song. That's all I was thinking," Spoons says.

Similar to how the rest of the album's sound emerged from blues to rock, that song went on

directions they didn't anticipate.

"We were like, let's not write a 'gay' song, but we're both just an gay, it ended up super-queer anyway," Lane says, laughing.

"Some that started to happen, we just went with it. I've had a lot of people say it's got good condescending vibe."

The song's video also embraces alternative culture. During a month-long residency at a bar in Toronto, Lane started singing music and writing lyrics, a subculture devoted to dressing in exaggerated sexual costumes. She thought it was fun and says it's an example of how members of alternative scenes naturally find each other.

*Continued on Page 8*



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Fax: 306-655-6917

Meewasin

403 Third Avenue South, Saskatoon, SK S7N 3A5  
Telephone: 306-643-4884 or Fax: 306-665-4817  
E-mail: [meewasin@meewasin.com](mailto:meewasin@meewasin.com)  
Website: [meewasin.com](http://meewasin.com)

Megan is such a phenomenal guitar player. I didn't want it to have to adhere to singer-songwriter standards.

— Mattman



Shyan (left) and Theresa Solyanka (right) sing at a dress rehearsal for the Saskatchewan Continental Gala in 2010 at the former Credit Union Centre. MELISSA PETER PHOTO BY CHRIS PENDER.

"It's like playing a gig in Winnipeg. You play a couple nights at a house bar. The first night one location is there, and the next night there's 30-35 was just kind of that," she says.

She started some of the farmers to be an her video and even danced some bar and take things home.

Her next video, for the song Cabin in the Woods, was produced by Deyan Deyan a queer artist and visual artist. Lane is very excited about it, largely because of how fun the shoot was.

"We just set up the lights, had our list of

shots, had everything ready to go, then just cracked into the industry and just sort of went for it," she says.

Although she doesn't shy away from talking about her sexuality, Lane doesn't feel her sex makes up a lot in the same way as someone like Danyel.

"I've just a musician that's queer and that's fine. Whatever right?" she says.

As for acceptance, she has seen some progress in the atmosphere that inspired *Remember We Will Leave This Town*, but says there's a way to go.

Saskatoon residents have special visitors every summer. April through October, pelicans gather by the weir. These birds, once on the endangered species list, have been a beautiful sight on the South Saskatchewan River since the late 1970's. For Saskatoon residents their arrival is a harbinger of spring.

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It inspired me to go home and work on my chops, and then head down there and get the courage to jump up and play.

— Lane

"I think it's changing, but I think it's a little scary because slow compared to big cities. But it's the process, you know? Things can get a bit frazzled in this town," she says.

Lane herself is anything but frazzled, with a packed schedule for the year. She's working on an album of Southern-fried tunes, including many of the tracks — including the more traditional bluesy ones — that didn't make the first record.

There will be lots of travel, including the South by Southwest gig, something she has wanted to do for a long time. Come summer, Lane will play in many festivals as she can. The change of sound in her latest album has opened more doors for her.

"Right now, riffs, rock and guitar music is kind of in, so younger audiences are into it," she says.

From there, it's off to Austria, Germany and Switzerland, more new experiences. In the music business, her latest successes are just another rung on the ladder.

"There's just opportunities arising as we push the record on the plan is to just keep making," she says.

alan@starphoto.com

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Megan Lane is playing South by Southwest this month in Austin. Photo by Sid Cottrill for The Star.

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## #CROSSWORD

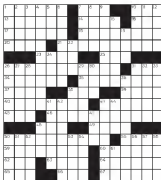
## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 With 18 and 45 Across: 1964-65 Jackson 10  
7 Popular game?  
10 With 18 and 45 Across: 1964-65 Jackson 10  
13 Not realistic  
14 Score  
16 2011 animated musical  
17 Having come home about coffee  
18 "Jason got?"  
20 Penalties  
21 With 18 and 45 Across: 1964-65 Jackson 10  
22 ... for 1964 paper?  
23 Something decent work for all? app  
24 With 18 and 45 Across: 1964-65 Jackson 10  
25 The only state in the U.S. that is...  
26 Queen's College...  
27 Rooms  
28 Producer of many parts  
29 Had as...  
30 Gen. 1, 18, 21 and 29 Across  
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32 Sanku  
33 Red line  
34 Number of hours on the 11 road  
35 1964-65 Jackson 10  
36 K. neighbor  
37 ... facts  
38 Gen. 1, 18, 21 and 29 Across  
39 1964-65 Jackson 10  
40 Phone  
41 Each  
42 Deadlock  
43 Color when he happens  
44 ... effort  
45 Gen. 1, 18, 21 and 29 Across  
46 The only  
47 Gen. 1, 18, 21 and 29 Across

## DOWN

- 1 Spring bloom  
2 Blank paper  
3 Love for "The King's Speech"?  
4 Not beautiful animal  
5 Can you play?  
6 New York team that played its home games in New Jersey  
7 M. J. a winning sum  
8 Out  
9 1964-65 Jackson 10  
10 Sequentially after "in  
11 Interdiction who decided "The  
12 Selection of Mine"  
13 Lethal  
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PUZZLE BY SPINNY

- 44 My girl, I've evolved  
45 Gen. 1, 18, 21 and 29 Across  
46 Gen. 1, 18, 21 and 29 Across  
47 Gen. 1, 18, 21 and 29 Across  
48 When reported  
49 Gen. 1, 18, 21 and 29 Across  
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SUDOKU

## Level: Gold

Fill in the blank cells using numbers 1 to 9. Each number can only appear once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 23



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## MUSIC

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## # TAKE SOMETHING AND RUN

## Hynes gives young musicians a chance to shine

By Sean Tremblath

Tobias Hynes is giving young bands and fans a disservice: a chance to take part in the city's thriving music scene.

At 18, Hynes started Take Something and Run, a monthly concert series dedicated to all ages shows.

"I started doing it mainly because I didn't find it weird out when I was younger," he says.

Five months later, the band is starting to take off. More and more people are showing up to the shows at Basement Records. People will talk to him about Take Something and Run, not knowing it's his baby.

"It's still kind of frightening to me

that it's something people recognize now," Hynes says.

As an artist himself, he knows the frustration of not having a lot of opportunities to play.

"If you're like 18, and you're in a band, what are you going to do? Even if you're the best musician out there, you have to wait four years before you can play a 'real' show," he says.

Even though he is now 18 and can play at the traditional bar venues, Hynes enjoys the vibe at Basement.

"I love watching the audience just listening to music. At a lot of traditional venues, there's a lot more people just hanging out in the back talking, and the people performing have to fight to get your attention," he says.



Basement Records started Take Something and Run a monthly all-ages concert series in Saskatoon. (Photo: Photo by Sean Tremblath)

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[www.alzheimer.ca/sk](http://www.alzheimer.ca/sk)  
1-800-263-3367

# MUSIC



Robbie Hynes in *Beats, Rhymes & Life* record where the *Take Something and Run* shows are performed. Photos: Photo by Michael Ross

The hope is that by giving young people a stage, he'll foster growth of a scene among their demographics, and show them that being a musician is viable, even before you can buy a legal beer.

"I hope that this blossoms, and encourages more young people to play in bands."

Then Glover has benefited from Hynes' work. The 17-year-old dancer in *The Puppets*. Prior to *Take Something and Run*, he says their only real reason was to hope for a school talent show.

The dedicated all-ages atmosphere gave the band a chance to put themselves out there in a supportive environment.

"It gave us a lot of confidence. Before that it was difficult to have the courage," Glover says. He has been blown away by the depth of talent in the younger age bracket. He admits that younger people have lots of life experience to draw upon, but says that adults there to make art that has a novel perspective.

"It's a totally different take on artistic expression," Glover says. "I would never have imagined there's that much talent."

March is the first month Hynes is planning a show outside Bismarck. This month's *Take Something and Run* is set for Underground Bismarck. As time goes on and the scene blossoms, his long-term goal is a permanent all-ages spot.

Bismarck is far ahead in that respect. At The Cultural Exchange, which has been in its Eighth Avenue location for more than 20 years, every show is all-ages. It's in the middle-

"I think it makes a huge difference. It really helps a young artist emerge, and gives them the opportunity to grow their audience and their art." Shonda Krasna, the Exchange's interim executive director and owner manager, says.

Krasna has been working at the venue for 15 years. She has literally watched young members of the arts scene grow up.

"It's so bizarre to me now when I see young adults walk through the door and I think, I remember this kid when he was 14," she says.

The venue has served as a starting point for many Regina musicians. Members of Bab Bush and Literary Visions started playing there as youth in various earlier projects. Into literary, which now hosts literary-themed, played some of their early shows there.

"There's been a lot of success stories," Krasna says.

Rocking shows are still limited, which means the "all-ages" label is a scarce. Fans old and young pick in fostering connections between different generations.

"I think it's important to the arts community to be able to really mentor some of these young artists," she says.

Back in Saskatoon, both Hynes and Glover say The Exchange is a good example of what they would like to see someday. For now, the early success of the Bismarck shows is a good sign of things to come.

"I think Bismarck is the perfect launch pad for this," Glover says.

attheexchange@theexchange.com  
theexchangebismarck

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## 2015 Stair Climb Challenge



For the third year in a row, the Brunsell Pharmacy Fastest Team Award went to Tron Elevation, left to right, Danny Amos, Brian Reid, Al Weitzel and Sanyal Singh.



The Tron Fundraising Award went to Tron Leikken, which raised \$2,857. Standing, left to right: James Leikken, Jodan Nilson, Tonyson Leikken, Olef Leikken and Catherine Leikken. Seated: Honorary Captain Sanyal Leikken.

Thanks to the sponsors, climbers, volunteers and donors who supported LutherCare Foundation's 3rd annual Stair Climb Challenge on February 13, 2015 at Luther Tower in Saskatoon. Fifteen teams and two individuals raised \$18,000 for the Luther Special Care Home Renewal!



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Randy Melner



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Telle Seid

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*The Foundation for LutherCare Communities*



Quick Fix! Turn out lamb chops, a delicious waiting to be draped over the side.  
BY LINDSEY THE BAKING FANT

### # RECIPES

## Yogurt-Curried Lamb

By Bonnie S. Benwick

Sometimes, you just want to cheer on some thing nerdy with bold flavors. This recipe fits the bill. The marinade is thick enough to coat and protect the bite-size pieces of lamb under the tender.

The marinade is good for fish fillets as well (see the variation below). Serve with mixed peas, new potatoes or roasted cauliflower. Adapted from *The Culinary Community Cook book: Simple, Wholesome, Gluten-Free, Asian and Best Dairy-Free (Dinner House, 2013)*.

use zip-top bag, along with the yogurt. Squish through the bag to incorporate.

1. Cut the lamb into bite-size pieces (if need ed) trimming off any excess fat. You'll be hand with the marinade, every portion and will until evenly coated, then pour into the zip-top bag (see), pouring out as much air as possible and let sit at room temperature for 15 minutes (or up to 30 minutes, if you have the time).

3. Meanwhile, position a roasting rack 10 cm from the broiler element. Preheat the broiler. Line a roasting baking sheet with aluminum foil.

4. Arrange the marinated, coated lamb on the baking sheet, keeping the pieces fairly close together. Discard the excess marinade (used for 8 to 10 minutes (about medium), the meat should register 160 F as an instant read thermometer or have some pink at the centre when you cut into a test piece).

5. Divide among individual plates. Squares lamb one over each portion and drizzle with oil. Garnish with cilantro leaves, if using. Serve warm.

**Variation:** Marinate 1 lb boneless whole fresh fish fillets (less than 1 1/2 in thick) at room temperature for 15 minutes. Arrange the coated fillets on a aluminum foil-lined baking sheet. Drizzle the excess marinade. Bake in a 350 F oven for about 8 minutes or until the fish just flakes under the touch of a fork.

#### Instructions:

1. Preheat the grill, then frosty grate or chop it. Roast the lamb and garlic together in the oven. Transfer those ingredients to a grill.

The Baking Fan

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# GARDENING

## # GARDEN PREPARATION

### It's time to get ready for spring

By Erl Svendsen

My brother takes personal pleasure in letting me know when his daffodils are blooming. For him, that was nearly three weeks ago, not surprising given that he lives in Sidney on south Vancouver Island. And while his spring is well under way, mine is still at least a month away. But that doesn't mean you should continue to hibernate on the couch just demanding of spring. There are a few things you can do to prepare yourself and reduce the mad dash that is spring on the Prairies.

If you're overwintering tender bulbs or roots, like dahlias, begonias or gladioli, you should check them for signs of decay — remove mouldy or rotten ones immediately. If they're started putting out leaves or branches, pot them up, water them slightly put them in bright light but keep the temperature low to keep growth slow and to promote sturdy stems.

Take inventory of your tools. Clean off well and rust. Repair or replace ones with broken or missing parts. Buy yourself that much needed or any other tool you've been eyeing for a while.

Take spent pruners and shears usually past a toll or two to sharpen blades with a wet or dry stone. Shears and hoes can be sharpened with a few strokes from an axe file.

Greenhouses will have a seemingly unending selection of bedding plants this spring. Even so, their offerings are still only a fraction of what's available from seed catalogues. For those that like to start their own seeds and/or want to try something new or different, now is the time to plant slow to start varieties like peppers, peas, pea geraniums, *impatiens*, *carrots* and *zucchini*. A heating mat underneath your seed trays will help them get off to a faster, healthier start.

Now is also the time to give your houseplants a checkup. With brighter and longer days, growth should be speeding up. Prune back leggy or spindly branches, increase fertilizer back up to the full rate, and check for pests like spider mites, aphids, mealy bugs or fungus gnats. Turn your plants a quarter turn once a week to promote even straight growth.

Take advantage of the late winter mild two percents, go outside and do some tree and shrub maintenance. Those newly sharpened pruners to remove dead, damaged and diseased branches also remove crossing/trailing branches, suckers and winter sprouts. And remember that branches that threatened to poke



No matter the time of year, good pruning starts with sharp tools and proper removal technique. Don't leave the stump, and cut just a foot of the branch called — that slight end of twining where the branch attaches to the trunk. PHOTO COURTESY JOSEPH BERNHARDT, ISBA FORCES SERVICE

you in the eye as you were moving the lawn last year? Remove that one, too. If you have overgrown shrubs remove a third of the branches, concentrating on the oldest, thickest branches. If you do this every year you will end up with a better behaved and groomed shrub over time.

Start spring indoors early this year by tying back branches of spring flowering trees or shrubs into bloom. Another chance to use your new sharp pruners: take several 45 to 60 cm cuttings. Do not snash the ends to open up the branches, do so often recommended. It does nothing to improve water uptake but messes like-

ly repairs it.

Forsythia and pussy willows are the usual candidates for forcing. But give ornamental crabapple, any of the cherries (Holland, prin, acer, chokecherry, amygdal, malus, plum or any other spring flowering tree or shrub a try.

Use round and winter resistant birds like black-capped chickadees and nuthatches, that have got used to a handout will appreciate a constant supply of fresh seed in the feeder (so go all it up). My brother-in-law used to hunt-watching game with the addition of a motion sensitive camera to record what's visiting his

bird feeder when he's away at work.

Tired of the seemingly unending prairie snow? Consider travelling with *Saskatchewan garden* author Sara Williams as she leads a custom seed and shrub garden tour to Morocco, March 16 to April 1. Call 1 800 755-5555 or email [erik@eriksvendsen.com](mailto:erik@eriksvendsen.com) for information.

This column is provided courtesy of the Saskatchewan Personal Society ([www.saskpers.com](http://www.saskpers.com)) or [horticulture@saskpers.com](mailto:horticulture@saskpers.com). Check out our bulletin board or newsletter for upcoming garden information sessions.



# ON THE SCENE

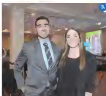
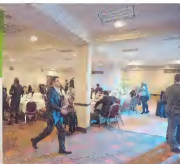
## # THE 2015 REFRESH CASE COMPETITION GALA

Students from the Edwards School of Business came out to cheer on their peers in the 2015 Refresh Case Competition Gala on Feb. 26 at the Hilton Garden Inn.

Refresh Case is a three-part competition open to undergraduate students. The Marketing Students Society at the University of Saskatchewan and Refresh Inc. started the event last year to give those pursuing a career in marketing a way to showcase their talent to businesses in Saskatoon. Earlier in February competitors were introduced to a case provided by a local business. Students recommended strategies for a marketing problem with the company.

On Feb. 25 everyone presented their analysis. The final three teams presented to a panel of judges at the gala.

Erin MacNeil and Brittany Saunders of Kaizen Communications took home first place.



### BRIDGES PHOTOS BY LIAM RICHARDS

1. Jesse Anderson and Mark Hilbert
2. Marsh Costantini and Zach Ault
3. Ray Grewal and Sophie Roberts
4. Kirsten Hamann and Chris Hengen-Blaum
5. Chris Bodner and Stephanie Hart
6. Brooklyn Hens and Ryan Duberman
7. Theresa Pollock, Piper Clarke, and Lennus Vertz

## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphenix.com](mailto:bridges@thestarphenix.com)

## # MUSIC

Wed., March 6

# FALL IN LOVE ALL OVER AGAIN...



**The Wicked Drin**  
Buffs on Broadway/  
817 Broadway Ave.

**Duo's Series: Three Scream**  
The Basement,  
204 Fourth St. N.

**Free Wheelin'**  
Pizzazz Pub and Grill,  
1453 Highland Dr. N.

**The Blues Landmark w/ Sal Jones**  
Village Guitar & Amp,  
432 20th St. W.

Thurs., March 7

**Mike Hovavich**  
Crackers Restaurant &  
Lounge,  
1-227 Peachtree Dr.

**Brady Macalister**  
Buffs on Broadway/  
817 Broadway Ave.

**Duo's Series: Willow's aka**  
**Generative Soup**  
The Basement,  
204 Fourth St. N.

**An evening for Toveres,**  
hosted by **Debra McAnany**  
Village Guitar,  
601 Broadway Ave.

Fri., March 8

**Rock Candy**  
Buffs on Broadway/  
817 Broadway Ave.

**Piano Friday: Rose Nykto-**  
**Form**  
**Duo's Series: All Mighty**  
**Voica**  
The Basement,  
204 Fourth St. N.

**3 Peak w/ One**  
Army & Navy Club,  
329 First Ave. N.

**The Backline**  
Toon Town Tavern,  
3330 Highland Dr.

**Widges**  
Mokilly Saloon,  
3130 10th St. E

**Willen and the 3 Doves**  
Fairfield Senior Citizens'  
Center,  
103 Fairview Ct.



Rock Candy, with lead vocalist Chad Krueger, bring their No Fixed Address tour to South-Central on Tuesday.

**Don Morgan and Black-**  
**smith w/ Mayday and**  
**André Rouss**  
O'Brien's Event Center,  
261 Second Ave. S.

**Rock Rock for Girls Rock**  
**Flowers, Wizards, Beauty and**  
**The Best, and Cerve**  
**Amigos**  
Cantina,  
806 Dufferin Ave.

**Jammy's w/ Shubert's,**  
**Shedfish and Deluxio/**  
**Reaper**  
Village Guitar,  
601 Broadway Ave.

**Megan Lane**  
Cracks Music Club,  
304 First Ave. N.

**Jett Run**  
Toon Town Place,  
106-110 10th St. E.

**The Bush Bros**  
Pizzazz Pub and Grill,  
1453 Highland Dr. N.

**Philip Albarto**  
Village Guitar & Amp,  
432 20th St. W.

Sat., March 7

**Mo Kearney**  
Broadway Theatre,

710 Broadway Ave.

**Rock Candy**  
Buffs on Broadway,  
817 Broadway Ave.

**Piano Set Lounge: Neil Car-**  
**rie**  
**Jazz Series: Styles Mon-**  
**troux aka House of Frank**  
The Basement,  
304 Fourth Ave. N.

**3 Peak w/ One**  
Army & Navy Club,  
329 First Ave. N.

**Leon Ochi**  
DownTown Legion,  
606 Spadina Cross W.

**Tapestry's ukulele**  
Natures Lotion,  
321 Louise St.

**Lynn Doherty**  
McNally Robinson's,  
3030 10th St. E.

**The Rumble w/ Jumbo and**  
**Sassy Venglers**  
Brewery Tavern,  
801 Broadway Ave.

**Invasion Music Festival:**  
**Dixie Somers, Alpha HAWK,**  
**Vivid, Petros, Little is Lush,**  
**Reveries, Slim Jim, Pete,**

**Thrillerbox and Flip-B**  
O'Brien's Event Center,  
241 Second Ave. S.

**Citoyen Show Series: Big**  
**Dirty Polled up Disaster**  
**W/ Citizen Songbirds,**  
**Burton Barker, Mike the Dubs**  
**and Violent Betty**  
Amigos Cantina,  
806 Dufferin Ave.

**Humans w/ The Northern**  
**Light**  
Cracks Music Club,  
244 First Ave. N.

**Jeff Swan**  
Stein's Place,  
738-10 10th St. E.

**Rock of Dimes**  
Pizzazz Pub and Grill,  
1453 Highland Dr. N.

Sun., March 8

**Piero**  
Broadway Theatre,  
710 Broadway Ave.

**Acoustic Jam**  
Buffs on Broadway,  
817 Broadway Ave.

Mon., March 9

**Steve Jones**  
Village Guitar & Amp,  
432 20th St. W.

Tues., March 10

**Nickelback No Fixed Ad-**  
**dress Tour w/ The Party**  
**Beckles**  
Seaside Centre,  
3030 Thatcher Ave.

**Though She Lie**  
Buffs on Broadway,  
817 Broadway Ave.

**# ART**

**Muriel Art Gallery**  
Until March 22 at 950 Spadina Cross E. New artist exhibi-

tions include **Soundproof-**  
**War Rugs from Afghanistan,**  
**Deep Weather by Savaia et al.**  
**Arts & Sciences** Concerning  
Canadian Events, recent works  
by Seattle-based artists

**Travis Campbell and Kim**  
**Coleman, the Bender Creek-**  
**ings Study Centre, a mobile**  
archive of the 30-year history of  
Border Crossings art im-

agine, and the KBC Artists by  
Artists membership program,  
reflecting Marika-Maria's  
membership with Gallery  
Miller. Border Crossings regis-

tration's edition Marika Walsh  
and Robert Enright have a talk  
about the Border Crossings  
Study Centre. March 7, 1 p.m.  
The Gallery Show has a small  
sale runs for sale, in connec-

tion with the Salt Lagoon  
exhibition

**The Gallery at Phoenix Mer-**  
**idian Central Library**  
March 4 until April 9 at 381  
23rd St. E. Pick Up Sticks and  
Storybooks by Bonita Conly  
Reception March 5, 7 p.m. to  
9 p.m.

**Our Poor Walls**  
Reception March 5, runs  
March 10-15, 10 p.m. at ARK  
Gallery, 434 20th St. W.  
Reception by Thigh High  
Theatre and Mac Collective.

A gender-theatre hybrid  
show about home through  
the eyes of women between  
women. Tickets at people.com

**The Gallery at Phoenix Mer-**  
idian Central Library  
Until March 22 at 330 Third  
Ave. S. Drawings by Lynne  
Graham. A recent series of  
artwork drawings.

**SEVAP Art Gallery**  
Until March 6 at 233 Third  
Ave. S. First Thursday Ex-

pression by Brenda Kila-  
papa. The Spring Show by  
Art Quilt runs March 5-27  
Reception March 16, 5-9 p.m. to 9 p.m.

**St. Thomas More Gallery**  
Until April 25 at 1437 College  
Bd. Collective Observation,  
the 10th annual "Look  
Inward" exhibition and Centre  
Students' exhibition. Reception  
March 6, 7 p.m. to 9 p.m.

**A Finity gallery**  
Until April 15 at 613 Broadway  
Ave. Centre. An exhibition  
of print- and video-based  
installation by Bowen Perini.  
Reception March 6, 7 p.m. to  
9 p.m. Artwork talk March 7,  
2 p.m.

**Jason Art Supply**  
Until March 31 at 1038 Lane  
Ave. In the Gallery by Jason  
Dudley. Reception March 7,  
2 p.m. to 4 p.m.

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## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

**Prenatal/Partner Workshops: Yoga for Children**  
Saturdays, 1 p.m. to 4 p.m., at Birth Systems, 340 Third Ave. S., instructed by Nina Zard.  
Learn various tools and techniques to help ease through labor and delivery. No previous yoga experience is required. Classes are six weeks. Register at [freedomwithyogawithinivini@gmail.com](http://freedomwithyogawithinivini@gmail.com), 358-381-6830.

**Free Family Fun**  
Sundays, 2 p.m. to 4 p.m., at the Mabel Art Gallery, 950 Speedway Dr. E. For ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided.

**Mom-and-Baby Yoga**  
Mondays, 11 a.m. to 12:30 p.m., at YogaLife, 2-15 Third Ave. S. Classes taught by Nina Zard. For mothers with babies as young as six weeks. Time and strengthen your body, learn relaxation and meditation tools and explore breathwork. Classes are six weeks. Register at [freedomwithyogawithinivini@gmail.com](http://freedomwithyogawithinivini@gmail.com).

**Prenatal Yoga**  
Mondays, 12 p.m. to 1 p.m., at Pregnancy and Perinatal Health Centre, 340 Third Ave. S. Designed for intermediate yoga students to help with postpartum recovery. Baby-friendly class with a certified yoga teacher. Suitable for four weeks to two postpartum. Register at [michellewilliamsoutdoorsyoga.com](http://michellewilliamsoutdoorsyoga.com) or call us at 481-8456.

**Canadian Light Sources (CLS) Public Tours**  
Mondays, 1:30 p.m., at the Canadian Light Source, 1455 Saskatchewan Drive. The synchrotron research facility is open for the public. Free presentation is required. Call 306-437-3644, email [outreach@cls.ca](mailto:outreach@cls.ca), or visit [www.canlightsource.ca/visit/public\\_tours.php](http://www.canlightsource.ca/visit/public_tours.php).

**Playgroup**  
Tuesdays, 9:30 a.m. to 11:30 a.m. at Grace-Wesley United Church, hosted by Prairie Roots Learning Community, a group of families inspired by Montessori philosophies. Programming is aimed at children ages two to five, but all ages are welcome.



Telephone: Saskatchewan's annual telephone relay to TCU Place this weekend attracts 6,000 people in good weather.

**Prenatal Yoga**  
Mondays, 6 p.m. to 7 p.m., at Pregnancy and Perinatal Health Centre, 340 Third Ave. S. Taught by a doula and certified yoga teacher. Information and tools for any stage in pregnancy. Call 358-221-9443 or email [michellewilliamsoutdoorsyoga@gmail.com](mailto:michellewilliamsoutdoorsyoga@gmail.com). No class on that holiday.

**Preschool Story Time**  
Tuesdays, 10:30 a.m. to 11 a.m., at Michellie's, 3138 18th St. E. For children ages three to five in the Circle of Trees. Call 358-555-1477.

**Engineering for Kids**  
Children ages four to 16 learn about technology and how engineers help to develop classrooms, camps, parties, and clubs with hands-on STEAM enrichment activities. Get information and register at [engineering4kids@freemove.ca](http://engineering4kids@freemove.ca) or 306-318-4365.

**BRCKS & KIDZ! Saskatchewan**  
Regular after-school programs, parish-based classes and camps for kids of all ages at various locations in Saskatchewan. An atmosphere

for students to build unique creations, play games, and have fun using LEGO bricks. Visit [brckskids.com](http://brckskids.com) or call 306-979-2169.

**Saskatoon Public Library Programs**  
Originally published program for children and families. Find the calendar at [saskatoonlibrary.ca/children](http://saskatoonlibrary.ca/children).

## # SPECIAL EVENTS

**Saskatoon Farmers' Market**  
An open year-round Wednesday and Sunday, 10 a.m. to 3 p.m., and Saturday 8 a.m. to 2 p.m., farmers are in attendance. Tuesday to Friday, 10 a.m. to 3 p.m., and Saturday and Sunday during market hours, free service and specialty shops are open. Information at [saskatoonfarmersmarket.com](http://saskatoonfarmersmarket.com). Contact 306-364-6262, [sfarm@sasktel.net](mailto:sfarm@sasktel.net).

**Bargain Basement Store**  
Wednesdays, 10:30 a.m. to 3 p.m. at St. Mary's United Church, 404 Elbert Ave. Clothing for babies, children, men and women, and jewelry. Fundraiser support the

## Lighthouse project

**Mayday Carpet Bowling**  
Wednesdays, 11:30 p.m., at Mayday United Church. Beginners and experienced players are welcome. For information call 306-401-2151.

**LunaFest**  
March 6, 8 p.m. reception, 7 p.m. screening, 8:30 p.m. panel discussion, at Broadway Theatre. Presented by the Betty-Ann Hepple Information Program and The Edward School of Business. Spooking-up women, their stories and their causes through film. With moderator Betty-Ann Hepple and panelists Lashia Grimbolt, Tiffany Pashley and Rhin Priestley. Tickets at [pso.ca](http://pso.ca). Proceeds support the Betty-Ann Women's Information Program at the University of Saskatchewan and The Edward School of Business and The Personal Fund.

**Brain and the Body: Making Connections in Our Evolving Contemporary Movement**  
Thursdays, March 7, at May 21, 8:30 p.m. to 10 p.m., at Free Press Centre, 234 2nd St. W. Presided by the Free Press Dance Theatre Company. Twelve weeks of this community dance workshop

members. Hosted by Global Television's Lisa Dutton. Admission is free.

**A Night of Solidarity**  
March 4, 8 p.m., at Capital Music Club, 264 First Ave. N. Campus groups and non-profits come together to raise awareness of their causes to the community. You get to vote on who gets to take home half of the earnings from the evening. Music by Apple & Crisp and Cakes. Tickets at [theatrical.com](http://theatrical.com).

**Carpet Bowl**  
Thursdays, 12:30 p.m., at Malene Leupold Hall, 303 Louise Ave. Hosted by the Nutsch Senior Citizens Association. Lunch and coffee are available for a fee.

**The Brain and the Body: Making Connections in Our Evolving Contemporary Movement**  
Thursdays, March 7, at May 21, 8:30 p.m. to 10 p.m., at Free Press Centre, 234 2nd St. W. Presided by the Free Press Dance Theatre Company. Twelve weeks of this community dance workshop

for ages 10 and up. Instructors are Graham McKelvey and Jessica Lubarsky. Beginners and novice movers are invited to attend any or all of the workshops. Information at [freedance@hokm.ca](http://freedance@hokm.ca).

**S&C Dance**  
Thursdays, 7 p.m., in room 12 at Albert Community Centre, 430 Clarence Ave. S. Saskatchewan International Folk Dance Club. Learn dances from several countries around the world. First night is free. Visit [www.sandc.com](http://www.sandc.com).

**15th Annual Women with Disabilities Luncheon**  
March 6, 11:30 a.m., at the Hilton Garden Inn, 90 22nd St. E. In celebration of International Women's Day. Featuring the 2015 Women of Illumination Award. Tickets at 306-565-1500, [adms.yniv.ca](http://adms.yniv.ca).

**10th Annual Gala Banquet**  
March 6, 5 p.m. reception, 6:30 p.m. dinner, at the Vancouver Development Museum. Hosted by Grandmothers & Grandmothers, with emcee Brenda Baker. Just special Jerry Nod and entertainment by Joy of Work. Proceeds support the Stephen Leacock Foundation. Tickets at 1-800-342-0405 or locally 403-600-0000.

**Seelye Saturday**  
March 7, 10 a.m. to 4 p.m., at St. Mary's Wellness and Recreation Centre, 327 Ave. N. 5. Their annual seed catalog and eco-fair. Featuring 40 exhibitors, the Hubbard's Festival, speaking presentations and hot lunch for purchase. Information at the above. Information at 306-465-4575 or 229.

**Tales from the TCU**  
March 7, 8 p.m. to March 8, 5 p.m., at TCU Place, with Jason Bess, Debra Pashley, Ross Landwehr, Leah Daniels, Jojo McMillan, Paul Johnson & The Jammer Bros, Lorne Condit, Jocelyn Malarud, Jennifer Skelton, Headline Performers and Saskatchewan Performing Arts Council. To donate visit [www.tcuplace.com](http://www.tcuplace.com) or call 306-344-6400 ext 3. Funds needed to support the Kinross Foundation.

# EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

**Deer Creek Concert**  
March 7, 7 p.m., at St. Stephen's Anglican Church, 10 Grosvenor Cres. Featuring Lorne Slosarovich & Friends Gospel, rock and roll, 50s and 60s music. Tickets at 306-356-4066, 306-477-3123 or at the door.

**British & Irish**  
March 8, 2 p.m. and 7:30 p.m., at Knox United Church, The Saskatoon Chamber Singers perform Music of Benjamin Britten and other British composers. Tickets at McNeilly Robinson, St. John's Music, [saskatoon@mcneillyrobinson.com](mailto:saskatoon@mcneillyrobinson.com) or tickets at the door.

**Taught I'm Poetry**  
March 8, 7:30 p.m., at The Woods & House, 144 Second Ave. N. Community Open featuring Mystery Guest.

**It's Be**  
March 9, 7:30 p.m., at TCU

**Place Presented by Annetta Productions** A celebration of the music of The Beatles. Tickets at 306-356-1799, [saskatoon@annetta.com](mailto:saskatoon@annetta.com).

**Off-Broadway Farmers' Market, International Bazaar, and Bazaar**  
Tuesday, March 11, 10 a.m. to 6 p.m., in the basement of Lincoln-Walton United Church, 555 16th St. E. Offering a variety of locally produced food, clothing and accessories from India, past products, baking, and lifestyle dishes. New vendors welcome. Call 306-464-7340 or email [pernel1@hotmail.com](mailto:pernel1@hotmail.com) to show up.

**Mickey Gilley**  
March 10, 7 p.m., at TCU Place. The original urban cowboy performs from his vast repertoire. Tickets at 306-912-7799, [saskatoon@tcu.ca](mailto:saskatoon@tcu.ca).

**ICCC Movie: Monsoon**  
March 12, 6 p.m., at Broadway



The Saskatoon Native Theatre Company will perform *The Voice You Hold* on March 4 at Studio 506. 506-2993 or [RT@native-theatre.ca](mailto:RT@native-theatre.ca)

**Theatre, Presented by Power Arts and ICCO** Director Sturtis Gommerson will be in attendance, with music by The Bombay Dot Orchestra. Admission at the door. Information at [sabrina.kelcey@powerarts.ca](mailto:sabrina.kelcey@powerarts.ca).

**Good Old Time Dancing** Tuesday and Thursday nights of the month, through April, 7:30 p.m. to 9:30 p.m., at Grace-Woodminster United Church, 1001 24th St. E. Hosted by Saskatoon Pastors Dance Club. Enter dances for free.

First hour: Call 306-374-9363 or 306-363-5107.

**Comedy Hour**  
March 15, 9 p.m., at Papp's Pub and Grill, 1403 Ivydale Dr. N. With Dan Reed.

**2010 Creative Writing Competition**  
Submission deadline is March 22. Silver Quill Bursary through creative writing project. Open to all Grade 12 students in Saskatoon. Must submit original work not previously published in any form. There is no entry fee. Information and entry forms at [www.creativewritingcompetition.ca](http://www.creativewritingcompetition.ca) or call 306-364-1421.

**English for Employment Class**  
Hosted by the Saskatoon Open Door Society. Improve English pronunciation and communication, and learn what you need to find work in Saskatchewan. Information at [www.opendoor.ca](http://www.opendoor.ca).

Registration at 306-250-4337, 306-633-6464, 306-250-4338, [frances@eths.sk.ca](mailto:frances@eths.sk.ca), [ajung@eths.sk.ca](mailto:ajung@eths.sk.ca).

**Book Signing at McNeilly**  
Regular book signings at McNeilly Robinson, 3030 Cathart St. E. For schedule and information visit [mcneillyrobinson.com/saskatoon\\_events](http://mcneillyrobinson.com/saskatoon_events)

## # THEATRE

**The Healer You Meet**  
March 4, at 30-40th St. N, 914 24th St. W. Presented by SNIC. A unique show involving spoken word, spoken drama and Loretta's tradition and soul featuring the 2004-05 Circle of Voices. Tickets at Kenrouge Theatre, 306-667-0220.

*David Bridges can be reached by e-mail at [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com). Send event information to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com).*

# READY, SET, READ!

LOCAL AUTHORS: Writers tell us what makes their book worth reading

by JOAN OLSON

## Prairie Initiation: A War Bride Story

Like many other war brides from the Second World War, I left behind family, friends and country travelling by boat to Canada. Fortunately, my husband — a former army officer — came with me to his family home in Saskatchewan. But he was a background in the performing arts and other work. I was totally unprepared for what lay ahead of me. I was also a second wife to an Anglo-Can, I believed in a loving God.

Imagine stepping through the backyards into a household devoid of pictures and books. On the walls hang religious texts stressing the blood of God, but not a word about God's compassion to man. The local pastor first compounds the blow with his fire and brimstone

sermon and dare women of hell. After this brutal introduction to this strange, hate-filled world, you cope as best you can with as an solitary male.

I ask, persecuted and not everyone in the family and the community welcomed my presence. This resentment and discord created much turmoil, not only for my husband and myself, but within me. Discovering my health, I began to man my dad's business concerns and the family struggled around the panic. Luckily, there was some respite with



Joan Olson

good friends in the neighbourhood with whom we shared our occasional outings.

Kenneth, I was called back to England as my mother was terminally ill. After the funeral came a time for both grieving and contemplation as I tried to make sense of my Canadian milieu. It took several years of quiet reflection about my future. Prairie Initiation is the ultimate result of my experience, and I hope it will help others facing similar challenges.

In 2010, *Prairie Initiation* was a

John V. Hicks Award presented by the Saskatchewan Writers Guild and sponsored by Weyerhaeuser.

"This book, dedicated to all war brides, should appeal not only to them but to others interested in Canadian history."

Over the years I have made many changes in my life. I married, gave two boys and once regularly I live in Regina with my son, and enjoy visits with my daughter and two grandchildren in Australia.

*Prairie Initiation* is available for \$19.95 at Bookstock Press, the Saskatchewan Publishers Group, the Saskatchewan Bookstore in Saskatoon, McNeilly Robinson at Kenrouge Theatre and online ([Amazon.com](http://Amazon.com)) or [Penguin.com](http://Penguin.com).

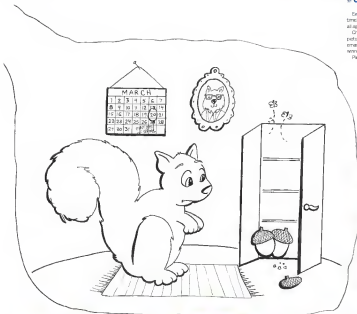


# OUTSIDE THE LINES

## # Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [fordan@stephanie-mckay.com](mailto:fordan@stephanie-mckay.com). One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Sophie Lemko. Thanks to everyone who submitted entries!

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